

Fees/Scheduling

Office Visit or Phone Consult

For Frank's Services

Initial Visit options (choose one from below)

- Complete Health Assessment (\$250.00) -This package (please click “What to expect on your first visit” on the homepage sidebar) is for individuals experiencing a chronic health condition.
- Healthy Checkup/ Wellness Plan (\$100.00)- For individuals in good health that would like a program that would include any or all of the following:
 - Hormone testing
 - Blood work
 - Optimum Diet
 - Stress Assessment
 - Supplement and Exercise review
 - Microcurrent assessment/treatment
- Pain and Inflammation Assessment/Treatment (\$100.00)
- Cold, Flu, short term Illness Visit (\$75.00)- Adult and Children
- Children's Visit: \$155.00 for an initial consult (this may be less depending on the complexity of the case)
- Follow-Ups: \$125.00 per hour - \$95.00 per half hour
- Microcurrent Therapy Initial Visit: \$200.00 (allow up to one hour) - Follow-Ups: \$75.00 per hour
- Hakomi: \$75.00 for one hour

For Rowan's Services

- Initial Intake, Assessment & Treatment 1.5 hr \$100, 1 hr \$75
- Rowan is available for phone consultations. She will listen to your questions with an open heart and mind. Please call 828-450-3330 to schedule an appointment.

"We operate on a sliding scale. No one has ever been denied health care at this office. Everyone is gratefully welcomed."